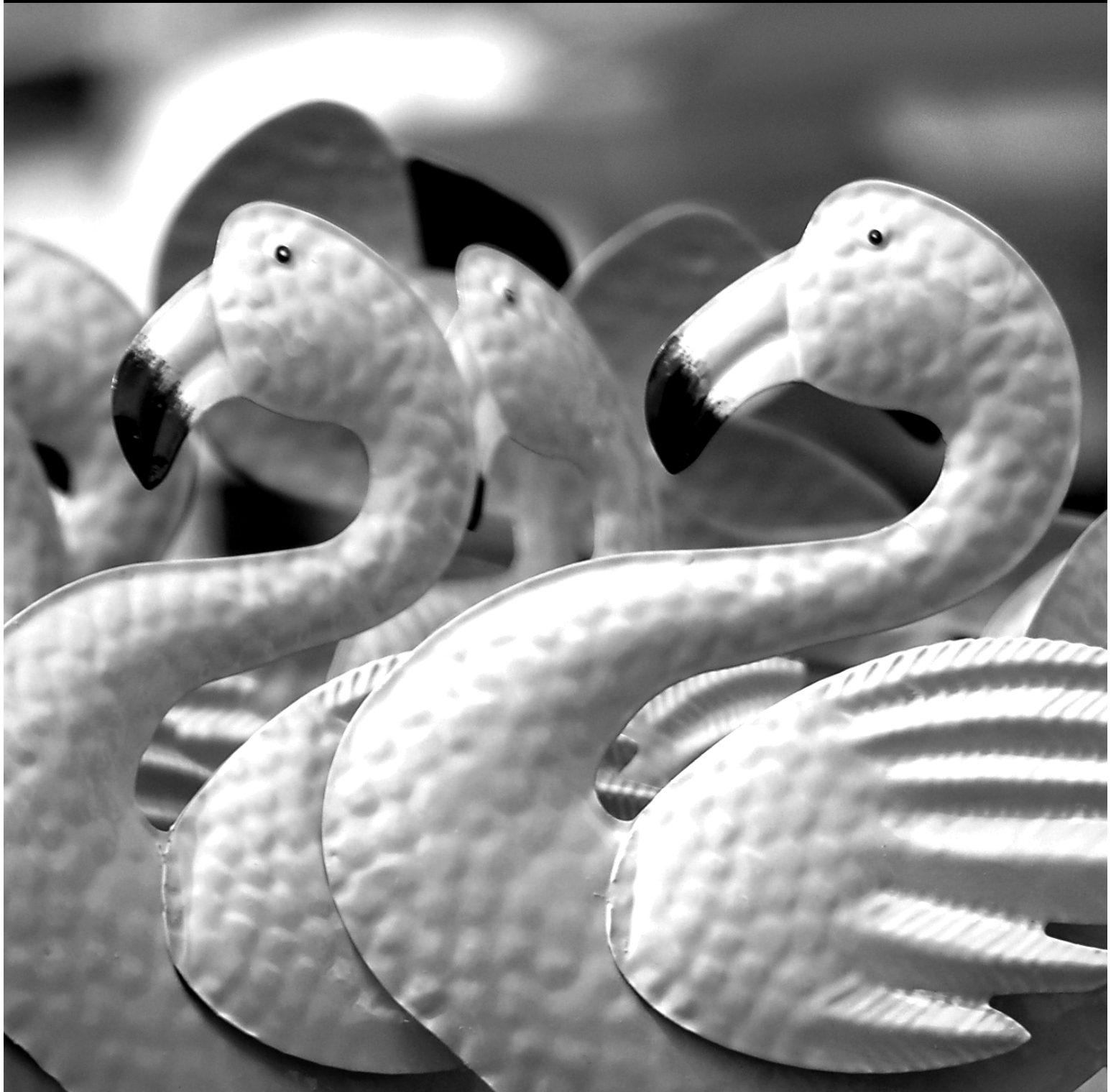


HISTORIC  
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HAPPENINGS



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hccpresident@gmail.com

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Daniel Ewald

### HCC CONTACT INFO

**Matthew Stegman**, President  
HCC, PO Box 19957  
Hampden, Maryland 21211  
hccpresident@gmail.com  
www.hampdenhappenings.org

### JULY HCC MEETING

**The next HCC meeting is on  
July 29th, 2019.**

Plan to join us at 7:00 pm at the Roosevelt Park Recreation Center on West 36th Street. The agenda will include committee updates and discussions of the most important issues of the day for business owners and residents of Hampden.

7:00-7:05 pm: Welcome  
7:05-7:30 pm: Committee updates  
7:30-8:00 pm: New business

*Historic Hampden Happenings* is distributed to residents, organizations and businesses throughout Greater Hampden.

**Circulation:** 2,200, **Readers:** 10,000+  
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Cover photo by Gavin Heck

## PRESIDENT'S MESSAGE

### Farewell for Now, And Thank You!

By Matt Stegman / HCC President / hccpresident@gmail.com

Friends,

This month's Presidents Message is a little bittersweet for me since it'll be my last for this term. I am leaving the HCC board in July to spend more time with my wife, Theresa, as she undergoes treatment for Hodgkin's lymphoma. Her long-term prognosis is very good, and we both plan to stay involved around the neighborhood once she's back to full health. I want to thank everyone who has reached out to us over the last few weeks. Your support has meant so much.

I want to thank everyone reading this for the opportunity to lead the HCC these past two years. I've had a lot of fun, met so many of my neighbors, and (hopefully) helped make our neighborhood a better place to live. It really has been my privilege. I know as I step down Hampden will be in great hands. Our board is full of committed neighbors from every corner of the neighborhood and every walk of life who all work hard to strengthen our community.

As most of us know, June saw the 75th anniversary of D-Day, and this month brings around that most patriotic of holidays, Independence Day. Hampden has a long history of military service, and of honoring those who made the ultimate sacrifice while serving. On a recent walk through

### Hampden Bubble Parade

By Dan Ewald

For the fifth year, Hampden was host to a Bubble Parade, organized by Uncustomary. A range of people, from tots to seniors filled the air on June 2 with bubbles, streamers, and laughs. Set a reminder to get in on the fun next year.

the neighborhood I noted at least four different memorials to those who served in various conflicts.

These include the mural on Hampden Hall recognizing Hampdenites who have received the congressional medal of honor, a memorial on the Johns Hopkins campus at the corner of San Martin and Wyman Park Drive, the stone memorial at Keswick and 33rd, and the memorial and flag pole at Falls Road and Weldon. If there are any you know about that I may have missed, or you have memories you'd like to share in a future issue of Hampden Happenings, please send them along to [hccpresident@gmail.com](mailto:hccpresident@gmail.com).

Finally, please note that the Roosevelt Park pool will resume normal summer hours beginning June 22nd. At just \$2 per session or \$30 for a season pass, it's a heck of a deal and a great way to keep cool. Roosevelt Park is also one of just a handful of City pools that offer early morning hours for the lap swimmers out there. You can find pool info and details on other summer recreation opportunities at [hcrp.baltimorecity.gov](http://hcrp.baltimorecity.gov).

Have a wonderful summer, and thank you again for the opportunity to lead the HCC.

*Matt Stegman, HCC President*



## Hampden Homecookin': Garlic Chicken

By Jon Kmetz

With the warm weather comes grilling. In my family, that means garlic chicken. This is not fast food, nor for the grilling neophyte, but the effort is well worth it. What makes this dish different is the constant application of the marinade during cooking, allowing some of the garlic & parsley to stick to the chicken, while some falls on the coals to smoke the chicken during grilling. The trick is not to allow flames to scorch the chicken – keeping the flame in check with a lid is crucial. When finished, you should have a lovely crisp skin and fragrant, savory meat. As usual, adjust ingredients as you like; I usually eyeball it all. Just don't skimp on the garlic. Don't let the summer go by without giving it a try! Happy Homecookin'!

### Grilled Garlic Chicken

- 6-8 chicken thighs, bone in, skin on. Or an equivalent amount of your favorite parts
- 8-10 cloves of garlic, chopped
- Approx. 1 Cup chopped flat parsley
- Juice from 2-3 lemons
- 1 cup olive oil
- 1/2 cup water
- 3 tablespoons kosher salt
- 2 teaspoons black pepper

- 1) Mix chopped garlic and parsley, lemon juice, oil, water, salt and pepper to make a marinade.
- 2) Place chicken into marinade, coat well. Refrigerate for at least 2 hours – overnight.
- 3) Make a large charcoal fire. When the coals are covered in ash, set out chicken on the grill skin side down. Cover the grill the moment you see live flame!

Some of the marinade will fall to the coals – that's needed to flavor the meat. Don't let the smoke freak you out.

- 4) After the first 5 minutes, flip chicken, and apply more marinade with a brush, making sure that some of the garlic / parsley mix gets on the chicken. Cook another 5 minutes. Continue flipping and applying marinade until the marinade is used up.
- 5) During the last 15 minutes of cooking, do not apply any further marinade. Allow the chicken to cook flipping a couple more times to make sure all the marinade is thoroughly cooked.
- 6) Because I use thighs, I find cooking time takes about 40 minutes. Continue to cook until the chicken registers 165 degrees Fahrenheit on an instant-read thermometer. Remove from grill and allow chicken to rest for 10 minutes.
- 7) Dig in and enjoy one of the best tastes of summer!

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## Harm Reduction in Hampden

By Rev. Jim Muratore

March 28th marked the one-year anniversary of the Community Risk Reduction Services' partnership with St. Luke's Church on the Avenue, the first fixed site for Syringe Exchange Services in the state of Maryland. And while anniversaries are usually triumphant celebrations, we allowed this one to slip by unnoticed. No amount of fanfare could counter the truth of the matter: opioid related deaths in Maryland continued to increase by 5% last year with 2,114 reported deaths, and at least 12 people from the Hampden community have fallen to overdose since November. We still have a lot of work to do.

I am grateful for the people of St. Luke's and for the Hampden community, its residents and business owners, for supporting this initiative. I am most grateful for and proud of those who take the risk to trust us and utilize these services. A great deal of thanks is owed to the Community Risk Reduction Services & Healthcare for the Homeless

staffs, and especially to our committed team, Guli Fager, Susan Borchardt, Ashley Wilkes, and Jenny Erhardt.

Since we opened, the exchange has welcomed over 100 individuals who make regular use of the program at various intervals. On average, we now see 10-15 people each week, all of whom are community residents. Over 160 people have received Narcan training and free doses of Naloxone. This service alone has saved the lives of several of our neighbors. And while the prevalence of Fentanyl complicates the efficacy of Naloxone, our site now provides Fentanyl test strips, a hopeful tool for OD prevention.

In addition to the exchange, Guli Fager has been forging partnerships including Healthcare for the Homeless who now provide outreach during the exchange hours every week. The HCH staff is able to support individuals and walk alongside

them through decision-making and help connect them with clinics, healthcare, and insurance. We are also exploring ways to expand services offered and seeking the means to provide meals on a weekly basis.

In closing, we may have skipped the cake and confetti, but this anniversary also marked the opening of the second fixed site for syringe exchange in Baltimore at New Covenant Community United Church of Christ in the Morrell Park neighborhood. The Gospel of Harm Reduction is spreading, and we invite you to join in sharing it.

*A complete version of this article can be found on the church blog at [churchontheavenuehampden.org](http://churchontheavenuehampden.org)*

## What's New at St. Mary's Outreach Center

By Tasha Cornish / 3900 Roland Avenue / Baltimore, MD 21211 / 410-366-3106 / [www.smocbaltimore.org](http://www.smocbaltimore.org)

### Save the Date for What We Remember

We are delighted to announce that our What We Remember fundraiser is returning on November 7. The theme this year, "Tell Me a Funny Story," will highlight the importance of keeping a sense of humor throughout our lives, especially through the aging and caregiving processes. Stay tuned for more information on sponsorship and ticket sales!

### Dental Care

Accessing affordable dental care is a challenge for many of our community members. In 2018, a bill was passed and signed in Maryland to create a pilot program for adults 21-64 to receive limited dental coverage if they have Medicaid and Medicare. An estimated 38,500 people in Maryland will have coverage through the Maryland Healthy Smiles Dental Program for the first time and can access a maximum of \$800 in benefits each year. Those who are eligible will get a welcome packet from SKYGEN USA in the near future. We are excited for the launch of this program, and if the pilot program is successful, there is potential for expanding dental access to other Medicaid and Medicare beneficiaries. If you think you may be eligible and have any questions, reach out to us at 410-366-3106.

### UPCOMING AT SMOC

#### Summer BBQ:

Wednesday, July 24, 11:30 AM – 1:30 PM at St. Mary's Outreach Center

Rain or shine, join us for some food and fun to celebrate the summer. We will enjoy games and some lively music and our menu will feature hot dogs, favorite picnic sides, and an ice cream sundae bar.

Our friends and partners at MedStar Total Elder Care, Autumn Lake Alice Manor, and others will be collaborating with us to make this event a success. Space is limited, call 410-366-3106 to RSVP today.

## News from ACCE

By Abby Baldwin

### ACCE Movie & Game Night

On May 23rd ACCE hosted its first Community Movie & Game Night with our partners at Good Shepherd Methodist Church and The Hampden Family Center. The evening started off with a dinner generously provided by The Hampden Family Center and some table conversation starters. After Dinner Pastor Bonnie from Good Shepherd led the group in a circle ice breaker where students and community members shared with one another about their neighborhoods and what they liked about ACCE. Then it was time for movies and games! Everyone had a blast, laughter could be heard throughout the hallways and at the end of the night the feedback was overwhelmingly positive. Parents, students, and community members all said they would be interested in hosting more events together in the future. Thank you to our partners at Good Shepherd and the Family Center for participating!

### ACCE End of the Year Accomplishments

It has been an incredible year for students at ACCE in our beautifully renovated home in the Robert Poole Building here in Hampden. Through the guidance of the new staff ACCE students have seen dramatic improvements in their data over the course of the year. The chronic absence rate (percentage of students missing 20 or more days a year) at ACCE dropped from 76% of students to 61% of students. The average daily attendance at ACCE increased from 68% for 2017-2018 school year to 75%. Finally, ACCE's graduation rate increased from 67% to 82%. More impressively the 2019 ACCE Graduates secured over \$1 million in scholarships! We are extremely proud of our progress and we are thankful to our community for supporting our students through this process.

## HAMPDEN'S RESIDENT HOME BUYING/SELLING TEAM WE WORK WHERE WE LIVE!

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## FREE Clothing Giveaway and...

Second Saturday of the Month  
10 a.m. to 1 p.m.

Woodberry Church of the Brethren  
W. 36th and Poole Streets  
(Please use basement door entrance.)

## Hampden Family Center: News and Events

By Ashley Wilkes / 1104 West 36th Street / Baltimore, MD 21211 / 410-467-8710 / [www.hampdenfamilycenter.org](http://www.hampdenfamilycenter.org)

### SAVE THE DATE!

*Taste of Hampden at Union Craft Brewing*  
Date: Thursday, September 26, 6 – 9pm

### Enoch Pratt Free Library

The Enoch Pratt Free Library's Hampden Branch is up and running at the Center while their branch is undergoing renovation! It is important that library services remain available in the neighborhood while the branch is closed, and we're thrilled to partner with the Pratt to ensure a continued library presence in Hampden. Stop by during their operating hours to browse collections, pick up books on hold, use the computers or attend weekly children and adult programming. Check our website for program details and dates and stay tuned for a full list of computer classes.

*Hampden Library Hours at the Hampden Family Center:*  
Tuesdays: 10 am – 5:30 pm  
Wednesdays: 10 am – 5:30 pm  
Thursdays: 12 noon – 8 pm

**Hypertension Class through MedStar Union Memorial Hospital**  
Schedule: Tuesday, August 6, 5-7pm

### Individual and Family Counseling

Family & Children's Services of Central Maryland offers counseling on-site every Thursday. Please call the Center at 410-467-8710 for an appointment to complete a referral form.

### Women, Infants and Children (WIC)

WIC is a supplemental nutrition program serving women who have children

five years and younger and/or are pregnant or six months postpartum. Call 410-614-4848 for an appointment.

Date: Thursday, July 11  
Schedule: Second Thursdays, 9am – 5pm

### Senior Luncheon

Senior Luncheons are free, but advance registration is required. Call 410-467-8710 to register.

Date: Friday, July 19  
Schedule: Third Fridays, 11am – 1pm

### Seedco EarnBenefits

Need assistance in applying for benefits such as food stamps, utility support or tax credits? Call 410-467-8710 to make an appointment.

## News from the Hampden Library

By Devon Ellis / 1104 W. 36th Street / Baltimore, MD 21211 / 443.473.6397 / [hmp@prattlibrary.org](mailto:hmp@prattlibrary.org) / [www.prattlibrary.org](http://www.prattlibrary.org)

### The renovation of the Hampden Library is finally getting underway!

While the renovations are getting started, our pop-up library has moved into our new temporary quarters right around the corner, three days a week, at the Hampden Family Center, 1104 W. 36th Street. Come and see us there! The Hampden Library's new phone at the Hampden Family Center: 443.473.6397.

### Baby and Toddler Storytime

Wednesday mornings at 10:30 - 11:10 am, birth to 36 months, with their caregivers (EXCEPTION: will NOT meet on June 12)

Bring Babies and Toddlers to the library to enjoy our lap program, with music, rhythm, songs, fingerplays, nursery rhymes, a story, and movement.

### Summer Challenge

the Summer Reading program for ALL AGES starts on Wednesday, June 12 and runs through August 14. Sign up at the library. All ages can participate, from babies in the "Read to Me" level, school age kids, teens, and grownup readers. The theme is "A Universe of Stories!" You get to pick the books to read, then keep a record of the amount of time spent reading, to win fun prizes. Grownup readers can log the number of titles they read, and for every title they read they can enter to win a \$100 gift card to Barnes & Noble! Happy Summer Reading!

### Adult Book Conversation Group

Thursday, July 18, 2019. Time: 4:00 – 5:00 pm.  
Location: the "Wise + Well Center" of Keswick Multi-care Facility, 700 West 40th Street, Baltimore, MD, 21211

Gone With the Wind by Margaret Mitchell, c1935. In this eminently readable and discussable classic historical novel, Scarlett O'Hara sets about to salvage her plantation home after the Civil War sweeps away the genteel life to which she had become accustomed.

All are welcome to participate in the book conversation group, even if you haven't read the book!

*Hampden Library Hours at the Hampden Family Center:*  
Tuesdays: 10 am – 5:30 pm  
Wednesdays: 10 am – 5:30 pm  
Thursdays: 12 noon – 8 pm



## Vacation Bible School

For children entering K – 5th grades in the fall

Free T-Shirt and School Supplies for Every Child

**July 29 – August 2**  
**6pm – 8pm**

Register Online:  
[www.villagechurchbaltimore.com/vbs](http://www.villagechurchbaltimore.com/vbs)  
Questions? (443) 595-6447

## Get a Mid-Year Check-Up on Your Health!

**Event:** Cook Smart Demonstration

**Date:** Tuesday, July 16 **Time:** Noon - 1:30 pm

**Event:** Living Healthy with High Blood Pressure

**Date:** Tuesday, July 23 **Time:** 10:00 am - Noon

**Event:** Cooking Right with Coach Karen

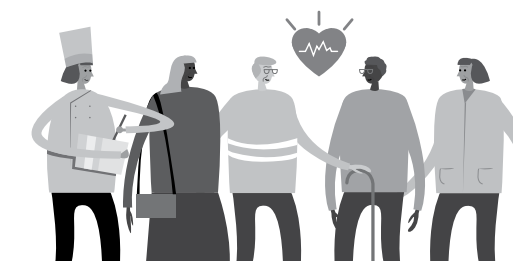
**Date:** Thursday, July 18 **Time:** 1:30 pm - 3:00 pm  
**Date:** Wednesday, August 14 **Time:** 10:30 am - Noon

**Event:** Group Acupuncture led by Laura Sicari, LAC

**Date:** Wednesdays: **Time:** 12:30 pm - 1:30 pm  
August 7, 21, 28

**Event:** Kidney Screening Day

**Date:** Thursday, August 15 **Time:** Morning



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hampden community council

# BE HEARD JOIN NOW

**IF YOU'RE INTERESTED IN THE FUTURE OF HAMPDEN**, please consider joining the Hampden Community Council. The HCC is a voice for everyone in Hampden – homeowners, businesses, teenagers, seniors, newcomers and old-timers. The more members we have the farther your voice can reach. Your membership fee supports our newsletter and improves our community through education, clean & green and zoning committees, to name a few. Help Hampden continue to thrive.

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### HCC MEMBERSHIP REGISTRATION

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In addition to my HCC membership, I would like to serve on/learn about the following committee(s): **(OPTIONAL)**

- Zoning
- Crime & Safety
- Membership
- Education
- Fundraising
- Newsletter Distribution
- Clean & Green

**Please make checks payable to Hampden Community Council.**  
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Please fill out this application and mail it, along with your check, to:  
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