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hampden 
HAPPENINGS



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MARCH HCC MEETING

**The next HCC meeting is on
March 25th, 2019.**

Plan to join us at 7:00 pm at the Roosevelt Park Recreation Center on West 36th Street. The agenda will include committee updates and discussions of the most important issues of the day for business owners and residents of Hampden.

7:00-7:05 pm: Welcome
7:05-7:30 pm: Committee updates
7:30-8:00 pm: New business

Historic Hampden Happenings is distributed to residents, organizations and businesses throughout Greater Hampden.

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PRESIDENT'S MESSAGE

Your ACCE Questions Answered

By Matt Stegman / HCC President / hccpresident@gmail.com

What a Parade! The Mayor's Christmas Parade may have happened a couple months ago, but the accolades keep rolling in. Mr. Tom Kerr – who has organized the parade for going on 46 years – reports that it was recently named one of the top 10 Christmas parades in the entire country according to the readers of USA Today. Congratulations to Tom and his crew on a well-earned recognition.

Reminder: Dues Increase April 1st. Pay Today! It's been many years since HCC has changed our membership dues. We are dedicated to serving the Hampden community and want to ensure that membership is accessible to everyone in the community, regardless of income. At the same time, expenses like insurance, event permits, and printing the Hampden Happenings newsletter increase every year. After much deliberation, the HCC Board of Directors have determined that an increase in membership dues is necessary for us to remain sustainable. Beginning April 1st, the rate for a single membership will increase to \$20 and a family membership will run \$30. We will also be bringing back our Student and Senior rate, which will remain \$10.

Facts and Myths About ACCE Principal Nick D'Ambrosio joined the HCC at our January meeting and I was surprised that there is plenty of misinformation about the students and the program offered at ACCE, even among well-meaning neighbors. Here are some questions and answers to set the record straight.

The Maryland Zoo Comes to the HCC

By Mary Rose Cook

Kerrie Kovaleski, Director of Volunteer Programs, visited the HCC General Meeting on January 28th to announce that the Maryland Zoo is currently selecting new volunteers for spring training. This coming year will be bigger than ever at the Zoo as the newly-renovated elephant, giraffe, and lion exhibits will be opening. Volunteers

Can neighborhood kids attend ACCE?

Yes! In Baltimore City, all high schools are choice schools, meaning students can decide where to attend based on interests, talents, academic program, and location. A number of local kids already attend ACCE.

Is ACCE a "school of last resort"?

No. There is a persistent rumor that ACCE's program is for students who have had disciplinary problems at other schools. This is not the case. ACCE students come from all over the city (and all over the world – see page 4), and from all types of backgrounds.

What is the academic program at ACCE?

ACCE prepares students to make informed choices by providing exploratory experiences in a variety of careers. Frequent college visits, dual enrollment, early college institute, and a student internship program provide students with valuable experiences in the fields of their choice.

What is the 100% Project?

ACCE is the first high school to be part of Baltimore City Public Schools' "100% Project". As part of the "100% Project," the school works with a small group of other schools to improve outcomes for students with resources from the state's School Improvement Grant. This includes professional development resources for teachers, various wraparound services for students, and more.

Matt Stegman, HCC President

Hampden Homecookin': Jook Recipe

By Jon Kmetz

Born of frugality, rice congee, or jook in Cantonese & Korean, is a comforting staple, and a way of putting leftovers to good use: Cooked rice simmered with liquid turns into a creamy canvas on which an infinite palette of flavors can play. In China, shredded cooked chicken, and some other savory tidbits make a warming breakfast. Add chopped kimchi for a Korean twist. Throw that leftover crab meat you picked in the jook with some scallions and Old Bay. Your imagination is the only limit.

Jook is one of those dishes prepared more by eye than strict recipe. Typically, the consistency is a matter of personal choice. Keep an eye on your jook and be ready to add more water as needed. Chicken and turkey stocks are favored, while beef and other stocks are avoided as too bold. If you need a more neutral flavor, use water. Happy Homecookin'!

Jook Base Recipe (serves 4)

-1 cup cooked rice
-4 cups water or chicken stock
-2 teaspoons kosher salt / to taste
-Water

Add all ingredients to a large pot. A heat diffuser is a good idea. Simmer at low heat for 1 1/2 - 2 hours. Stir frequently to avoid sticking and burning. Add water as needed to maintain consistency. If you want it extra creamy, beat with a whisk to further break up the rice.

Stocks:

-1/2 lb. chicken bones/ necks/ wings
-6 cups water
-1 tablespoon kosher salt

For asian stock, add:

- Two 1/4" slices of fresh, peeled ginger
-3 scallions, rinsed / cut in 1" pieces
-2 cloves garlic, peeled & quartered.

For western stock, add:

-1 small onion, peeled and quartered
-1 rib celery, rinsed & sliced
-1 carrot, peeled & sliced

Simmer ingredients over low heat for 1-1 1/2 hours. Add water as needed to keep solids submerged. Strain / discard solids. Adjust salt. Should yield 4 cups.

Serving suggestions:

Add shredded chicken / pork, sliced scallions, chopped cilantro or parsley, chopped peanuts. Add soy sauce / sesame oil / chili oil as desired.

Do as above with cooked pork and chopped shrimp.

Use western stock, and add sautéed onion, diced carrot & celery, and shredded chicken. Top with grated pecorino romano and black pepper.

Make with water, and treat like oatmeal for breakfast: top with brown sugar, maple syrup, and a butter pat. Try slicing in bananas, add berries and honey.

Get in Touch With the HCC

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hampdennewsletter@gmail.com

This is the HCC website!

www.hampdenhappenings.org

Here you will find the HCC membership forms and a Newsletter advertising rate/request form.

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Zoning & Land Use Committee Updates

By Martin Burian / Zoning and Land Use Committee Chair / hcczoning@gmail.com

1105 W 36th St (Golden West Café)

The proprietor of Golden West, Samantha Claassen, presented to the January HCC general meeting on plans for expansion of the restaurant and accompanying proposed changes to the liquor license. Golden West acquired the connected building on the corner of W 36th Street and Hickory Avenue (1101 W 36th St and 3542-6 Hickory Ave). The record store and Philly's Best will move out, and Souvlaki (a different building) will remain in place. The plans are to connect the spaces and renovate the corner buildings. The new space will be a separate restaurant concept with a small bar and intimate seating areas, yet will share food preparation and baking facilities with Golden West.

The proprietor is requesting several changes to the restaurant's liquor license and will have an upcoming hearing before the Board of Liquor License Commissioners (BLLC) for Baltimore City. The changes include adding a business partner and the new buildings to the license, and adding alcohol delivery and outdoor table service

on Hickory Ave. A hearing has not yet been scheduled. The HCC is working with the proprietor on negotiating a memorandum of understanding to document agreements with the community on the liquor license.

Clipper Mill Updates (Woodberry)

Valstone Partners and its development and architectural team held a community meeting on January 22 about its latest plans for Clipper Mill. Two parcels were discussed: a lot between the Poole & Hunt Building and Druid Park Drive and the Tractor Building on Clipper Park Road.

Draft plans for the Poole & Hunt lot now call for 48 three- and four-story townhomes along a new street accessed from Druid Park Dr. The homes would be built on top of a parking structure for residents. The initial concept for the Tractor Building is to renovate and use the existing building exterior and construct within it 99 apartments on five floors, with two levels of parking with about 150 spaces at ground level. At 76 feet tall, the proposal is taller overall than the current building, but not as

tall as the neighboring Assembly Building (which currently is apartments).

The developers are beginning to meet with City offices to conduct reviews and solicit feedback on these proposals. The HCC will continue to monitor developments.

1235 Union Ave

The owners of this rowhouse presented to the ZLUC on plans for a first- and second-floor rear addition. They are requesting variances from the Board of Municipal Zoning Appeals (BMZA) in a hearing scheduled for March 12. The owners are working to confirm neighbor support for their plans.

716 Puritan St

The owners of this Stone Hill residence have requested permission to construct a one-story side and rear addition to the home. The plans call for a variance of the rear yard setback requirement from the BMZA. The hearing is scheduled for March 12. The HCC is reaching out to the owners to ensure neighbor input is obtained.

A Taste of ACCE

By Abby Baldwin

ACCE's student body is made up of students from across the world including the US, South America, Africa, Asia, and the Middle East. To celebrate what makes our school unique and embrace our diverse cultures, ACCE hosted a Taste of ACCE on January 31st!

Students learned to speak Arabic; learned about the history of the Bachata Dance, Congolese Dancing, and Spoken Word and poetry; and heard about post-graduation travel opportunities with the US Peace Corps. Over 60 families joined in the celebration and shared a meal from around the world. We are extremely proud of our student body for embracing the diversity that makes us different and the humanity that makes us similar. Be on the lookout for more celebrations in the future!

Public Safety and Clean and Green Events

By Chas Eby, Daniel Ewald, and Thomas Akras

On March 23, 2019, the Public Safety and Clean and Green Committees will hold the first Crime and Grime walk of 2019. We will be starting out at the Royal Farms convenience store located at 920 W 36th St, Baltimore, MD 21211 at 1:00 PM. The walk will end at 2:00 PM. We will be picking up trash with the supplied materials and having informal discussions on safety and crime concerns with an invited member of the Baltimore Police Department.

In April, the Public Safety and Clean and Green Committees will again team up and participate in Mayor Catherine Pugh's 2019 Spring Clean Up in Roosevelt Park. A formal date has not been set yet but individuals who wish to participate can sign up early with our Clean and Green Chair, Daniel Ewald. Last year, neighbors and students from ACCE Academy gathered up over 300 pounds of trash from the park.

Based on past years, the clean up will likely be a Saturday in late April, starting at 9am. This annual event raises both awareness for the need to keep neighborhood park space clean and allows Hampdenites to meet and greet each other. Participants can also obtain a tax credit on their stormwater management fee.

We hope that you can join us for either one, or both, of these events in March and April to help make Hampden a safer and cleaner community. If you have any questions or concerns regarding these events, please feel free to contact either Chas Eby, Chair of the Public Safety Committee at chas.eby@gmail.com or Daniel Ewald, Chair of the Clean and Green Committee at daniel.lory.ewald@gmail.com.

We hope to see you at these events this upcoming Spring!

What's New at St. Mary's Outreach Center

By Tasha Cornish / 3900 Roland Avenue / Baltimore, MD 21211 / 410-366-3106 / www.smocbaltimore.org

Spread the Word—Senior Citizen Water Discount

Thank you for helping us spread the word about the changes in the water bill affordability programs. We have not received confirmation from DPW, but it is our understanding that if you are younger than 65 and are enrolled in the Hardship Exemption program, you will automatically receive the extended benefits after July 1. As a reminder, changes in the program will primarily affect adults 65+ who are not already enrolled in the program and they live alone or with one other person. Many people qualify for this benefit but do not receive it. If you would like to sign-up or learn more, please call 410-366-3106.

Third Party Energy Suppliers

After almost two decades of little scrutiny, the Public Service Commission (PSC) and the Abell Foundation published two separate reports in 2018 on third party

energy suppliers. The findings indicate that residential customers with third party suppliers paid more than did customers with BGE Standard Offer Service, and that the company sales practices of third party suppliers can be predatory. If you are 55+ and have concerns about your BGE bill, or simply would like to learn more about your bill, please call 410-366-3106.

UPCOMING AT SMOC

Sign up for My Groceries to Go: Thursday, March 14, 10 AM – 11:30 PM

If you are age 60 or greater, you may be eligible to receive a monthly 40-lb box of nutritious pantry foods through My Groceries to Go, a federal program run by the Maryland Food Bank and distributed through St. Mary's Outreach Center. The next sign-up is March 14. Call 410-366-3106 for more details.

Open Art Studio: Mondays in March and April, 1 PM – 3 PM

We will continue to host a group of crocheters and knitters on Monday afternoons, and they welcome new additions! All levels are welcome. Some yarn is available, and you are always welcome to bring projects you are already working on. No need to sign up ahead of time—come in to share your knowledge, share your skill, and share your company.

In March and April, we will once again host a multi-media art studio experience on Monday afternoons. Join the group for a relaxed and fun time to express yourself using a variety of methods and materials. Contact 410-366-3106 to RSVP.



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Hampden Family Center: News and Events

By Ashley Wilkes / 1104 West 36th Street / Baltimore, MD 21211 / 410-467-8710 / www.hampdenfamilycenter.org

Our spring event is right around the corner, so gather your friends, neighbors and colleagues! The 9th Annual **Hats Off to Hampden Gala** will be held on Saturday, March 30th, 7-11pm in celebration of the Center's 23 years of work in Hampden and in support of the coming year's programs and services.

Hats Off will return to Preston Hall (25 W. Preston St.) and feature music by Sons of Pirates, and food and beverage by Chef Chad Gauss of The Food Market and Hoopla! Catering, The Wine Source and SweetSide Café. Free parking will be available across the street from the Maryland Ave. entrance of Preston Hall (1205 Maryland Ave.).

Prizes will be awarded for the most imaginative, meaningful and outrageous hats, so get yours ready! Don't have the perfect hat? You can create one at the event. Be sure to also check our Facebook page for updates on the live and silent auctions.

Tickets, tables and sponsorship opportunities are available at www.hampdenfamilycenter.org.

Valentine's Day was very festive at the Center! The After-School Enrichment Program (ASEP) created valentines for the Hampden merchants in appreciation of their steadfast support of the Center and neighborhood. We're very grateful for their generosity throughout the year. The February Senior Luncheon guests exchanged notes and gifts with their ASEP buddies. Lots of candy and cards were opened, followed by a delicious lunch from Café Hon and bingo prizes from Royal Farms.

Individual and Family Counseling

Counseling: Family & Children's Services of Central Maryland (4623 Falls Road).

Schedule: Thursdays by appointment; Call the Center at 410-467-8710 for more information and to schedule an appointment to complete a referral form

Adult Literacy/GED

Next Registration: please contact Ms. Davis at Strong City (410-261-3517).

Schedule: Tuesdays & Thursdays, 5:30pm – 8:30pm through June 6th

Study Buddy

Ongoing: Free, one-on-one tutoring for students in grades K-12 during the academic year. A volunteer who assists students one-on-one with the subjects that they find challenging in school.

Schedule: Thursdays 6pm – 7pm

Women, Infants and Children (WIC)

Eligible to Apply: mothers with children five years and younger and/or pregnant or six months postpartum. you can apply for WIC, which is hosted at the Center every second Appointments: Call 410-614-4848 for more information.

Date: Thursday, March 14th

Schedule: Second Thursdays, 9am – 5pm

Senior Luncheon

Reservations: Meals are free but advance registration is required. Reservations open the first weekday of each month. Call 410-467-8710.

Date: Friday, March 15th

Schedule: Third Fridays, 11am – 1pm

Seedco Earn Benefits

Appointments: Call 410-467-8710 for an appointment with Ashley to receive assistance in applying for benefits such as food stamps, utility support, a government issued cell phone or tax credits?

Schedule: Monday – Friday, 9am – 5pm

Fitness for 50+

Eligible: People 50 and older!

Program: Led by a trained professional from MedStar Union Memorial Hospital; one-hour, low-impact aerobics and strength training.

Schedule: Tuesdays at 10am

Life Balance Weight Management

Program: One-year program based on the National Diabetes Prevention Program, for individuals at risk to develop type 2 diabetes and those already diagnosed with pre-diabetes. A lifestyle coach helps participants make positive changes related to nutrition, exercise, problem-solving, and coping skills.

Contact: 410-274-0446 with questions; The next session runs January 29th – December 3rd, 2019. Please call.

Schedule: Tuesdays 11am – 12pm

Smoking Cessation: Freshstart® Smoking Cessation Program

Freshstart, a free program, is designed to help smokers plan a successful quit attempt by providing essential information, skills for coping with cravings, and group support.

Schedule: Tuesday, April 2, 9, 16 and 23, 5:30 – 7pm

The Arc of Baltimore/Accessing Disability Services

Program: Presentation and overview of programs and services provided by The Arc of Baltimore including general questions about accessing disabilities services including the Developmental Disabilities Administration, Autism Waiver, Social Security Benefits, etc.

Date/Time: April 2nd at 6pm

News from the Hampden Library

By Devon Ellis / 3641 Falls Road / Baltimore, MD 21211 / 410-396-6043 / hmp@prattlibrary.org / www.prattlibrary.org

Baby and Toddler Storytime

Wednesday mornings at 10:30 - 11:10 am, birth to 36 months, with their caregivers

Bring Babies and Toddlers to the library to enjoy our lap program, with music, rhythm, songs, fingerplays, nursery rhymes, a story, and movement.

Preschool Storytime

Thursday evenings at 6:30 - 7:00 pm, for ages 3-5, with their caregivers

Preschoolers can enjoy stories and early literacy activities, such as songs, fingerplays, a craft, games, and poetry.

Adult Book Conversation Group

Thursday, March 21, 2019. Note new time: 4:00 – 5:00 pm, and new location: the "Wise + Well Center" of Keswick Multi-care Facility, 700 West 40th Street, Baltimore, MD, 21211

We will discuss: "The Autobiography of an Ex-Colored Man," by James Weldon

Johnson, a novel, c1912. This story tells of a young biracial man, referred to only as the "Ex-Colored Man," living in post-Reconstruction era America in the late nineteenth and early twentieth centuries. He lives through a variety of experiences, including witnessing a lynching, that convince him to "pass" as white to secure his safety and advancement, but he feels as if he has given up his dream—that of contributing to the black race through his passion of composing ragtime music [Wikipedia].

All are welcome to participate in the book conversation group, even if you haven't read the book!

Social Worker in the Library

The Enoch Pratt Free Library, in partnership with the University of Maryland School of Social Work, is currently presenting a program that places social work interns

in seven Branch Libraries to help people with issues such as: SNAP Benefits, Shelter, Addiction, Immigration, Learning Differences, Health Concerns, and Safety. A licensed social worker will be available at the Hampden Library on Wednesday afternoons from 12:00 noon to 4:00 pm, beginning February 6 and continuing through April 10.

How will the Orioles do this year?

Spring training is in full swing! See the Hampden Library's book display on spring training and the Baltimore Orioles, from Friday, March 1 – Saturday, March 16. Go Orioles!

Hampden Branch

Enoch Pratt Free Library

Mondays + Thursdays: 10 am – 8 pm

Tuesdays + Wednesdays: 10 am – 5:30 pm

Fridays + Saturdays: 10 am – 5 pm

Sundays: closed

HCC Happy Hour Was Fun For All

By Mary Rose Cook

On January 14th, Hampden residents gathered at Blue Pit BBQ and Whiskey Bar (at 1601 Union Avenue) from 6 pm til 9 pm to enjoy a Happy Hour. There were two specialty drinks for sale that night, both honoring our Hampden roots. Our friendly bartenders were serving up a Rowhouse and a Beehive, one with bourbon and the other with vodka. The HCC received the proceeds

from the sale of the drinks and raised \$250 to help fund community projects. In addition to the drinks, most in attendance ordered dinner and platter after platter of yummy barbecue was served, with coleslaw and macaroni and cheese on the side. Despite the cold and snow still on the ground from the weekend, it was great to visit with neighbors and fellow members

of the HCC, both past and present. The 50/50 for the evening was won by Jeff Griest who was there with friends enjoying the evening. Thanks again for everyone at Blue Pit hosting the Happy Hour. Lots of fun activities are on the HCC's upcoming schedule. Hope to see you all there.

Announcements from St Thomas Aquinas Church

Bingo & Luncheon to celebrate St. Patrick's Day; prizes and baked goods sale

Where: St Thomas Aquinas Church Parish Hall

When: Saturday, March 16, 2019 / Doors Open 10:30 AM, Lunch at 11:00 AM / BINGO starts at 12:15 PM

Reservations: Reservations taken for 4 or more / Only 112 tickets available

Cost: 24 games of BINGO plus Lunch: \$22 / Seniors: \$21

Call: 410-935-3169 for tickets and questions

Presentation about human sex trafficking in the US and here in Maryland by the Araminta Freedom Initiative to teach practical steps for individuals and the Church in Baltimore to respond to this injustice

Where: St. Thomas Aquinas Church, 1008 West 37th Street, Baltimore, MD 21211 (Church Parking Lot can be accessed via Roland Avenue; driveway is located between 3700 & 3710 Roland Ave)

When: Thursday, March 7, 2019 / 7:00 – 8:30 pm

Cost: Free

For more info: Martha Taylor, mwebbtaylor@gmail.com

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Our New March Classes Taught by Hampden Residents!



Improv Comedy Class with Keswick's Pamela Hugi!

Take a break from the grind of the scripted life and unleash your creativity with us!



Date: March 13 **Fee:** Free
Time: 2:00pm - 3:00pm **Instructor:** Pam Hugi

Cooking with Dr. Richard Bruno!

Join Dr. Bruno to explore topics such as nutrition, exercise and brain food.

Learn more about Dr. Richard Bruno at:
<https://health.usnews.com/doctors/richard-bruno-1045384>

Date: March 14 **Member Fee:** \$20
Time: 11:30am - 1:30pm **Non-Member Fee:** \$50

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